



CHRISTIAN FAMILY CARE  
*Serving Children and Families Since 1982*

**Vision:** *We envision a future in which every child is loved and nurtured in a Christ-centered family.*

**Mission:** *Serving vulnerable children and families in the name of Jesus Christ.*



# Letter from the President

Team was my one word focus for 2010 and the strengthening of our team, which consist of 68 committed staff, 177 non-paid staff/volunteers, 1082 stewardship partners, 504 foster families, and our Board of Directors, resulted in growth of a healthy ministry in spite of a lingering recession, a growth that resulted in changed lives and the strengthening of families for many of the vulnerable children in our state. Here are some accomplishments of our team:

- 661 vulnerable children were served in foster care
- 116 children were adopted into permanent forever families (44 infants, 72 DES adoptions)
- 23 teens were saved from aging-out of the foster care system
- 425 children and families received care from our professional counselors
- 120 pregnant mothers chose to counsel with our pregnancy staff.

Much like an athlete it was our focus on building our core, our team, that has prepared us for our 2011 goal of increasing the engagement of the Christian community in connecting with the more than 10,500 children in foster care, the 350 foster children available for adoption, and the women throughout Arizona who are pregnant and looking for help and guidance for the health of their children.

Our vision that every child should be loved and nurtured in a Christ-centered family is strong and our commitment even greater as we move into 2011. Our goals for 2011 are to:

- Launch ConnectOne with the desired result of finding permanent adoptive families by the end of 2015 for each of the currently available foster children waiting for permanent homes.
- Increase by 15% the number of licensed homes available for placement of children.
- Expand our adoption and DDD services into Northern Arizona

- Provide advanced training in parenting competencies and wrap-around services to CFC's foster and adoptive families
- Add 23 statewide active foster/adoptive church ministry partners

Already God is beginning to demonstrate that He will lead Christian Family Care to greater success in the days and years ahead:

- Through prayer our ConnectOne initiative is taking form with the launching of a new coalition of churches – No Child Waiting to partner with the ConnectOne arm of our ministry.
- Governor Jan Brewer launched Arizona Services for the purpose of focusing on five areas of need in our State, Foster Care being one of those needs. ConnectOne and Arizona Serves are partnering together to alleviate the needs of children in foster care.
- In collaboration with pregnancy centers in Prescott and Show Low children in Northern Arizona are being placed into Christ-centered families.

A team was strengthened in 2010 which is leading to greater engagement in 2011 as Christian Family Care works diligently to fulfill God's command in James 1:27 to care for the orphan. It is amazing to watch God at work, and to be joined with such a committed team of staff, volunteers, foster parents, and stewardship partners in serving the vulnerable children of our state.

Thanks to you, Christian Family Care will continue serving these vulnerable children, introducing them to the amazing love and healing of Christ!



For the Children,

A handwritten signature in black ink that reads "Mark". The signature is written in a cursive, slightly slanted style.

Mark Upton  
President/CEO  
Christian Family Care

# ConnectOne

Connecting Children with Families through Foster Care & Adoption.

CHRISTIAN FAMILY CARE

*Serving Children and Families Since 1982*

Connecting lives.  
Connecting hearts.  
Connecting futures.

At Christian Family Care it is our fundamental belief that a nurturing family is vital to every child's success. From CFC private adoption program through foster care and state adoptions, hundreds of children have come to us in crisis situations and are now part of a loving, nurturing home. With over ten thousand children in Arizona foster care there is a great need to connect children to caring families.



## Adoption

### INFANT PROGRAM

Families choosing adoption through CFCA are stable Christian families who are eager to share their love with a child and are prepared for the joys of adoptive parenting. Our families demonstrate a willingness to build and maintain connections with birth families for the benefit of their child they are committed to honoring the decision of the birthparents by continuing over the years their open adoption covenant. As part of the infant adoption program families will learn in our education classes the ins and outs of adoptive parenting, building relationships with birthparents and gain understanding about the their adopted child, emotionally, developmentally and culturally. Classes not only prepare families with practical adoption knowledge but integrate scripture and biblical principles through out each session.

### COMMUNITY ADOPTION

Families choosing adoption through the state are also stable, loving Christian families who desire to open their hearts and homes to children who have experienced neglect, and abuse. Children available through our state program are of all ages however the majority are school age children. The state has a dire need for families who are open to older children and teens and families willing to take sibling groups. Through our classes families will come to understand the birth families and children the state works with and learn of the special opportunities a family has to minister hope and healing to these children. At CFCA we are required to teach the state pre adoption curriculum but have worked diligently to integrate scripture and biblical principles throughout each lesson.

### STEP-PARENT/RELATIVE & INTERNATIONAL

Families seeking these placement options can obtain home study and post-placement services for these types of adoption.

## Foster Care

Families choosing foster care through Christian Family Care Agency have said “yes” to the Lord and a journey of faith and trust in His providential care of His children through them. By providing temporary care to children who have experienced, the impact of neglect, trauma and abuse, our foster families give children an opportunity to heal, finding a practical demonstration of God's love and the opportunity to know Him personally through the witness of their families and the hearing of the gospel message.

Through our regular foster care contract with the Department of Economic Security, families can minister to children coming through the state child protective system. We recently gained the state wide opportunity to minister to children who need higher levels of care through the Department of Developmental Disabilities. These children come with disabilities such as autism, mental retardation, and other developmental and physical challenges.



*CFCA is COA accredited (Council on Accreditation) and Licensed through the state to provide child welfare and adoption services. It is also licensed through the AZ Board of Health Services as an out patient clinic.*

### TARGET GOAL:

*To place the children available for adoption, ages seven and older, into Christian Homes before they age-out of Foster Care.*

**ALL OF OUR FAMILIES RECEIVING CHILDREN THROUGH OUR ADOPTION AND FOSTER CARE PROGRAMS ARE ANSWERING A CALL TO SERVE THE LORD BY OPENING THEIR HEARTS AND HOMES TO HIS CHILDREN AND LOVING THEM UNCONDITIONALLY.**

### **Pregnancy Counseling**

Our pregnancy counselors help women and men make informed decisions regarding their unborn children. Birthparents are provided professional counseling by Master level clinicians that enable them to understand for themselves and their child the emotional, social, economic and physical implications of parenting or placing their child for adoption. Birthparents develop detailed plans for their child and are connected to resources within the agency or in the community which allow them to successfully implement these plans.

Choosing adoption through CFCA for our birthparents allows them to select, meet and plan an on-going relationship with the prospective family. This relationship to benefit the child is initially outlined in our covenant agreements and helps families and birthparents determine frequency, type, place and other avenues to maintain connections.



### **Child, Family & Attachment Counseling**

Clinical services at Christian Family Care Agency provide a wide range of specialty practice to serve the needs of vulnerable children and families. In addition other supportive wrap around services are available to help enable families to benefit fully from the clinical services provided. The counselors at Christian Family Care are Masters-level therapists, either licensed or pursuing licensure, and offer a variety of therapy groups at our site or on location. All of our counselors are Christians and are able to provide professional compassionate, Christian-based counseling services.

### **Child & Family Counseling**

The purpose of our child and family counseling program is to strengthen family life on behalf of children and to assist hurting children and their families toward healing and health by providing services that work toward the resolution of relationship, and social and emotional difficulties. Parenting classes are offered regularly to provide continued parenting skills training.

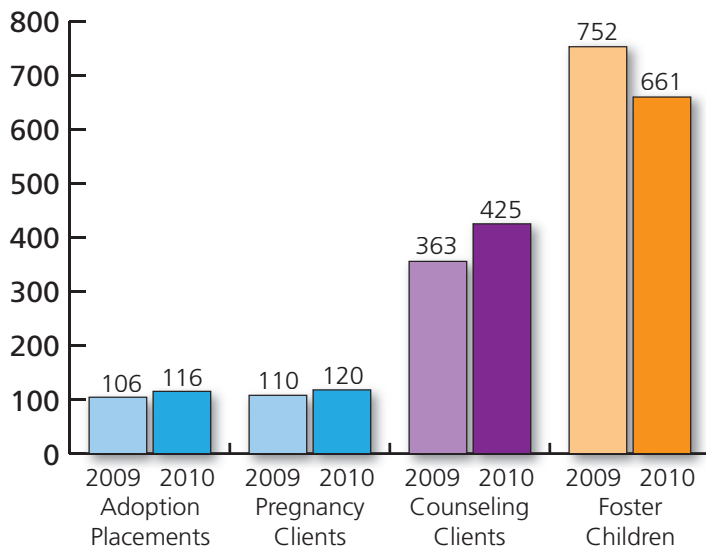
### **Attachment Counseling**

The attachment counseling program specializes in treating children with attachment issues, early abuse and neglect, and childhood trauma. It provides early intervention for attachment issues in order to help parents heal vulnerable children. Therapists use a variety of modalities including EMDR, Parent Child Interaction Therapy, Theraplay®, art therapy, sand tray and other expressive therapies. Families in therapy are provided with a variety of supports including parent partners, and respite.

### **Treatment-based Foster Care (HCTC) Program**

The attachment program also includes treatment based foster homes that work with the most severely troubled children in the system. The professional parents are part of the treatment team and have advanced training and experience that uniquely enables them to care for these children.

## INDIVIDUALS SERVED



## PROGRAM EXPENSES



Adoption/Pregnancy 22%  
Counseling 34%  
Foster Care 44%

### CHARITABLE TAX CREDIT

Each year Arizona taxpayers are entitled to a \$200 tax credit on their state income taxes (\$400 for a married couple) by making a donation to a qualifying nonprofit organization like Christian Family Care.

### IN-KIND DONATIONS

We want to thank the individuals and businesses who each year makes the work of Christian Family Care possible through donations of goods and services.

CFCA is committed to maintaining the highest standards of responsible stewardship as a member in good standing of the Evangelical Council for Financial Accountability ([www.ecfa.org](http://www.ecfa.org)).



# Christian Family Care Agency

## CONSOLIDATED STATEMENT OF ACTIVITIES FOR THE YEAR ENDED SEPTEMBER 30, 2010

	Unrestricted	Temporarily Unrestricted	Total
<b>REVENUES AND SUPPORT</b>			
Support			
Special Event	\$ 42,945	\$ -	\$ 42,945
Contributions	941,106	33,374	974,480
	<u>984,051</u>	<u>33,374</u>	<u>1,017,425</u>
Revenues			
Service Fees	3,579,135		3,579,135
Thrift Store Sales	335,303		335,303
Interest and Dividends	6,210	26,138	32,348
Investment Gain		78,968	78,968
Other	8,265		8,265
	<u>3,928,913</u>	<u>105,106</u>	<u>4,034,019</u>
Released from restrictions	97,121	(97,121)	0
Total Revenues and Support	5,010,085	41,359	5,051,444
<b>EXPENSES</b>			
Program Services			
Adoption/Pregnancy	728,942		728,942
Foster Care	1,441,348		1,441,348
Counseling	1,117,706		1,117,706
Subtotal	<u>3,287,996</u>	<u>0</u>	<u>3,287,996</u>
Supporting Services			
Fund Raising	205,085		205,085
Administrative	808,951		808,951
Thrift Stores	355,465		355,465
Subtotal	<u>1,369,501</u>	<u>0</u>	<u>1,369,501</u>
Direct Costs of Special Events	24,479		24,479
Total Expenses	<u>4,681,976</u>	<u>0</u>	<u>4,681,976</u>
CHANGE IN NET ASSETS	328,109	41,359	369,468
NET ASSETS, BEGINNING OF YEAR	1,339,645	1,119,401	2,459,046
NET ASSETS, END OF YEAR	<u>\$ 1,667,754</u>	<u>\$ 1,160,760</u>	<u>\$ 2,828,514</u>

Note: A copy of the audited financial statements for year-ending 09/30/10 will be provided upon written request and may also be viewed at the Agency corporate office.

#### CHRISTIAN FAMILY CARE AGENCY

##### BOARD OF DIRECTORS

Robert M. Semple, Chair  
Ron Eriksson, Vice Chair  
Tom Campbell, Treasurer  
David Koon, Secretary

Amy Abdo  
Warren Braun  
Mandy Asmus  
Tony Muller  
Jim Schubert  
Susan Spatz  
Sharm Wendt

Mark Upton  
President/CEO

#### SOUTHERN ARIZONA ADVISORY COUNCIL

Dennis Wilson, Chair  
Warren Braun  
Joan Braun  
Evan Carlson  
Noel Robinson  
Rachel Rulmyr

#### ARIZONA CHILDREN'S LEGACY

Christian Family Care Agency has created the Arizona Children's Legacy to promote giving through wills and other estate planning methods. Leaving a legacy through your will, life insurance, or trust is a simple act with a lasting impact.

#### ARIZONA CHILDREN'S LEGACY 2010

##### BOARD OF TRUSTEES

Tom Diamond  
Walt Ekstrom\*  
Barbara Feenstra  
Tony Muller  
Bob Semple  
John Vryhof

Kay Ekstrom  
Executive Director

\* not related to Kay Ekstrom



## CHRISTIAN FAMILY CARE

*Serving Children and Families Since 1982*

*Prescott • Phoenix • Tucson*

*3603 North 7th Avenue, Phoenix, Arizona 85013-3638 602-234-1935 [www.cfcare.org](http://www.cfcare.org)  
6063 East Grant Road • Tucson, Arizona 85712-2318*