

Christian Family Care Agency

Now parents can create more satisfying, more productive relationships with children by using STEP

TODAY'S PARENTS live in an era where family structure is based increasingly on social equality. Traditional methods of raising children are no longer as effective as they were a generation ago. That's why more and more parents are turning to STEP.

STEP offers parents a realistic and practical approach to meeting the challenges of raising children today. It helps them learn effective and enjoyable ways to relate to their children. It also helps them toward the goal parents want most: to raise responsible children who will grow into responsible men and women, capable of living meaningful, happy adult lives.

STEP can help you become a better parent. STEP participants work together in small discussion groups. Parents become actively involved in discussing common concerns and learning specific child-training ideas and skills.

The seven STEP sessions consider these topics:

1. Understanding Yourself and Your Child
2. Understanding Beliefs and Feelings
3. Encouraging Your Child and Yourself
4. Listening and Talking to Your Child
5. Helping Children Cooperate
6. Discipline That Makes Sense
7. Choosing Your Approach

**Take the first step now in improving your relationship
with your children.**

Contact your local STEP sponsor for more information:

Call Anna at 602 234-1935 x136 to sign up. \$80 per person or \$140 per couple, plus \$15 for STEP Parenting book. Classes can be formatted to your needs.